



SCRIPTURAL MEDITATION

A Key to Spiritual Maturity and Successful Ministry

1 Timothy 4:12-16

Meditation has fallen on hard times both among God's preachers and His people. Some _____ meditate more consistently on error than Christians do on truth. Scriptural meditation should never be an option but an _____ for the child of God.

The word mediation us used _____ times in the Word of God. _____ times in the OT

“Hagah” – to utter low sound, growling (Is. 37:4)

- “Siyach” – to ponder aloud; complain, murmur (Ps. 119:25, 48, 78, 148)
- From “sia” – to be occupied with; concerned about; repeatedly go over in the mind
- _____ times in the NT (Lk. 21:14; I Tim. 4:15)
- “Tauta meleta” – revolve in the mind frequently; take care of; imagine

Holman Dictionary: “The act of _____ to mind some supposition, pondering upon it and _____ it to ones own life.

“The repeated _____ and _____ contemplation of Christ in the Scripture resulting in biblical and observable change”

I. THE _____ OF MEDITATION (VS. 15)

- A. The _____ (Joshua 1:8)
- B. The _____ (Is. 26:3; Phil. 4:8)
- C. The _____ (Ps. 77:12; 119:15)
“Give thyself” – be in these things; wholly _____

II. THE PRINCIPLES OF MEDITATION

- A. Think _____ (Gen. 1:1; Jn. 20:31)
 - 1. Ponder His _____ (Ps. 63:6; Is. 26:3)
 - 2. Ponder His _____ (Ps. 77:12; 143:5)
 - 3. Ponder His _____ (Ps. 1:2; 119:23)

B. Think _____

C. Think _____
"Law" (Ps. 1:2) – Torah – principles

D. Think _____ (I Cor. 2:13)

E. Think _____ (Ezra 7:10)

F. Think _____ (Ps. 119:18)

G. Think _____ (Joshua 1:8)

H. Think _____ (Col. 3:16; Ps. 1:2)

III. THE PROFIT OF MEDITATION (VS. 15)

"Profiting" – going forward, advance, progress/Root -- "to cut forward; blaze away"

A. The _____ advances spiritually "appear"- manifest, declare

B. The _____ advance spiritually